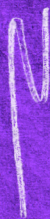


kid**power**
teen**power**
full**power**[®]
trust nz



**ANNUAL
REPORT
2016/17**

Note:

Our organisation's full name is Kidpower Teenpower Fullpower Trust, reflecting our commitment to children (up to 12 years), to teenagers (from 13 - 18 years) and to adults and people with special needs.

Throughout this report you will sometimes see it referred to simply as "Kidpower."

We are strongly committed to serving clients of all ages, despite occasionally using this shorter name.

Our Trust is the New Zealand Centre of Kidpower Teenpower Fullpower International. The organisation is a New Zealand Charitable Trust (Reg No. CC20081).

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KIA ORA

It is an exciting time to be involved with Kidpower, as the organisation cautiously expands and reaches more and more people who need us.

The numbers

We are proud of how the impact of our services continues to grow and are excited that during 2016/17 we reached a record number of people across New Zealand. A total of 304 courses were conducted, training 5545 people of all ages and all walks of life. Of the adults we reached, 65% were female and 35% male, a 4% increase in male participants.

Feedback following our workshops has been enthusiastic:

- 99% of the learners participating on our programmes indicated that the programme had made them feel more confident and able to speak up and take charge;
- 98% reported feeling more in control;
- 98% reported having increased ability to communicate, to learn and to achieve.

Workshops

In addition to serving individuals and families

through our public workshops, Kidpower Teenpower Fullpower worked with over 101 different groups to offer personal safety workshops in both the North and South Islands. Those groups included early childhood centres, individual schools, alternative education programmes, after-school, holiday and youth programmes, staff workshops and organisations supporting people with disabilities and those affected by domestic violence.

This year we also secured a contract with ACC, providing the secondary school "Mates & Dates" programme. We are working with schools in the Tasman region and have secured the contract for the same in the Waitakere and North Shore/Rodney districts to provide teens with knowledge and skills around sexual and dating violence prevention.

Development of Educational Resources

We continue to adapt the Kidpower curriculum for a wide range of people with special needs, which we define very broadly to include people with developmental and physical disabilities; survivors of assault, child abuse, and domestic violence; and those who are struggling with personal issues such as poverty.

Kidpower also creates materials that benefit thousands of people beyond those who attend our workshops. We thank the International organisation as their support makes these projects possible through permission to adapt the curriculum and through ongoing consultation.

Accomplishments include collaborative development of Healthy Relationships for younger age groups, and both deaf and blind users. This includes more stories and pictures in response to requests from user groups and Faamalosī Aiga, a Pasifika safety programme with whole-community engagement, bi-lingual fun activities, songs, role-plays, visuals and other resources.

Collaborations and Partnerships

We have continued to develop the collaboration with the Nelson Tasman Pasifika Trust and adapting our programmes to meet the needs of the different cultures within Nelson.

International Child Protection Month occurs in September – and the international organisation drew on ideas from New Zealand in the development of this month's promotion.

We continue to promote our expertise in Primary Prevention of Violence in a variety of national and international networks.

- The Expert Reference Group for the Ministerial Sexual Violence Prevention Group,
- TOAH NNEST (Te Ohaakii a Hine – National Network for Ending Sexual Violence Together),
- Kidpower International Senior Programme Leader Advisory Group, and

We maintain regular contacts with the Police Youth Education Services, Adult Community Education network, People First, IDEA Services, Family Planning and Nelson Tasman Pasifika Community Trust.

Healthy Relationships training continues to be co-led by disabled persons and Dr. Christine Wilson from SAMS (Standards and Monitoring Services).

Safety

The Trust places strong emphasis on safety and support of staff and trainees. Kidpower has risk management systems in place and we continue to maintain our high safety record: there was no incidences reported during 2016/17.

The Board

A successful organisation must have effective and proactive management, and I can proudly acknowledge that our Board surpasses this criterion.

We have been fortunate this year to have been offered training provided by the NZ Institute of Directors through the Ministry of Social Development. Three committee members plus our CEO attended a full day of training on Governance with Purpose provided solely for our Board by Carol Scholes, a successful and experienced director of several not-for-profit entities. She was then able to provide an additional skype conference with our Chair and Deputy Chair, where we looked more closely at our Trust Deed and our way forward.

As chairperson, I was also privileged to attend a day of training on Finance Essentials, provided by Hamish Stevens, another successful Director of several profit entities. He was also referred to us by the NZ Institute of Directors through the Ministry of Social Development.

As a result of this training, the Board has a renewed and revitalised sense of excitement around the possibilities for our organisation. Our meetings are focussed on both how we can reach more people that need the skills and attitudes that our organisation embraces, as well as how we, as a Board and as an organisation, can improve our efficiency and efficacy. We have a clear plan of our way forward and are ready to address the future with confidence and anticipation. Our sponsors can have every confidence that their dollars are being used efficiently for the benefit of our entire community.

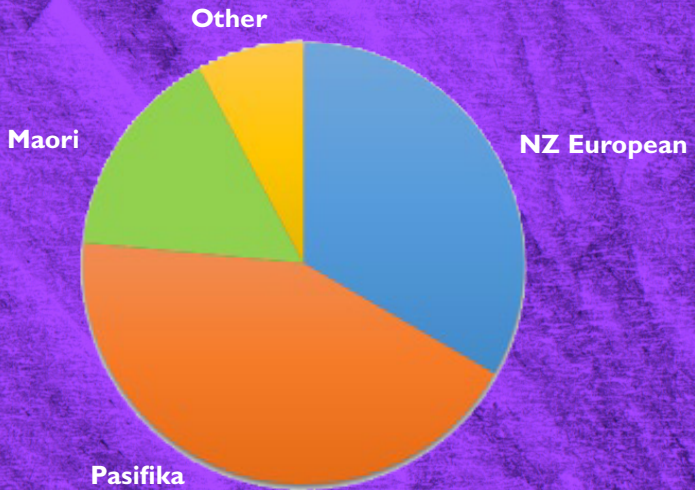
I am very proud to be a part of the Kidpower organisation and to share with you this report on the activities of Kidpower NZ for 2016/2017.



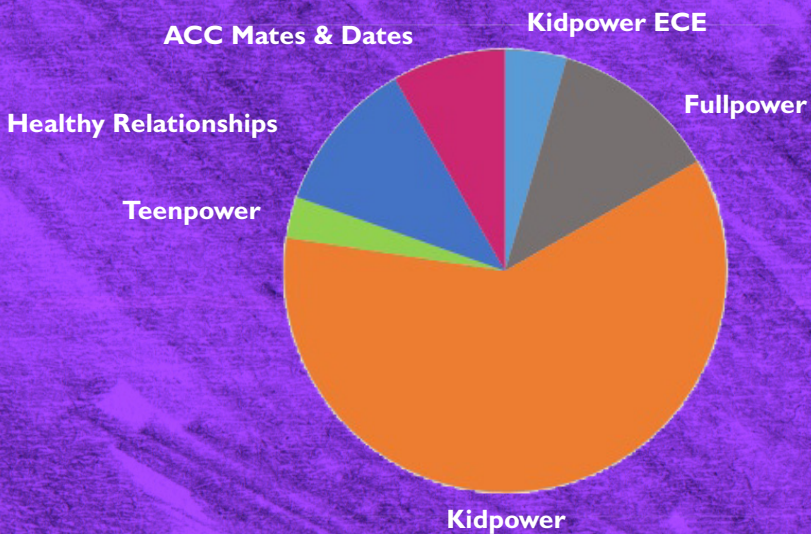
Annie Simmons,

Chairperson - Kidpower Board of Trustees for 2016/17

Participants by Ethnicity



Participants by Programme Type





1. Brenick, A., Shattuck, J., Donlan, A., Duh, S., & Zubriggen, E. (2013) *Promoting Safety Skills in Children; A Quasi-experimental Evaluation of the Kidpower Everyday Safety Skills Programme*
2. Brenick, A., Shattuck, J., Donlan, A., Duh, S., & Zurbriggen, E. (2014). *Empowering Children with Safety-Skills: An evaluation of The Kidpower Everyday Safety-Skills Program*. *Children and Youth Services Review*, Volume 44, 152–162
3. Wilson, C. PhD (2015), *A Review of the Healthy Relationships Programme: Does it Work for People with Learning Disabilities?*

KIDPOWER WORKS!

Kidpower programmes and curriculum have been developed and are continuously reviewed to ensure that we provide consistent, evidence-based, and effective personal safety training.

The spontaneous feedback and formal evaluations from workshop participants – be they parents, kids, youth, educators, law enforcement, mental health, or child development professionals – has been overwhelmingly positive from the start!

In addition to regular participant evaluations, Kidpower programmes have undergone multiple formal research studies and evaluations by independent evaluation professionals in the US, Canada, and New Zealand.

An independent study¹ shows that Kidpower's Every Day Skills Programme "significantly increases children's safety skills knowledge" and that 31% of Kidpower students showed improved long-term safety skills and knowledge compared with another comparison group.

Kidpower has a well-documented paper that has been published in the academic journal

Children and Youth Services Review². The research highlights the scope of the issues and how Kidpower follows Best Practice in child protection.

The 2015 an independent study³ quantitatively evaluated the Healthy Relationships programme in New Zealand.

Results indicate that there were significant improvements in scoring rates and that "these improvements were maintained at the post-post test phase (six months after the programme had been completed)". The report states "The Healthy Relationships programme is one of the few violence and abuse prevention programmes readily available to people with learning disabilities and one of very few with quantitative reviews. It is a practical programme that can assist people to keep safe and can sit alongside general consciousness raising programmes aimed at self-advocates, service providers and the public generally. The programme is effective with people who are endeavouring to live more independently and who move about within their social circles and the community generally without support."

WHO WE SERVE

Here are some of the ways we help everyone take charge of their personal safety:

Children

Kids face challenging situations every day at home, at school, online, and in their communities. Sometimes adults are aware of these issues. Often they are not. Kidpower teaches children positive, practical, and effective ways to think, move, and speak to stay safe in personal safety situations.

Teens

The teenage years bring new challenges for young people. This is the time when young people are forming a sense of their own sexuality, so they may need to address issues that range from setting boundaries with romantic partners to confronting anti-gay harassment. And because of their increasing independence, teens and pre-teens face an especially high risk of violence and assault. Teenpower focuses on providing upbeat and practical guidance in how to deal with situations in a way that makes sense to teens.

People with special needs


Children, teens, or adults with disabilities or other special needs are much more likely

to face bullying, abuse, or assault than their peers without disabilities. We have successfully taught self-protection skills to thousands of people with such difficult life challenges as developmental delays; loss of vision, hearing, or mobility; prejudice based on race, religion, economic status, sexual orientation, or other factors - like personal struggles with domestic violence, homelessness, substance abuse, or childhood sexual abuse.

Adults (from the general public) We face a higher risk of dealing with a violent assault than of being in a serious car accident. The good news is that learning to protect ourselves is much less complicated than learning to drive a car. Women and men in our Fullpower workshops learn skills to deal with common safety situations in a straightforward, practical way. Despite the seriousness of the issues addressed, our upbeat approach empowers students and can be fun as well.

Parents, Caregivers and Educators

All gain skills to build consistent, common language, and common strategies for conflict resolution and boundary setting for the children in their care.



Learning Kidpower takes
a minute
Practicing Kidpower takes
an hour

**Knowing
Kidpower lasts
a lifetime.**



**All ages and abilities
can set boundaries,
get help and
protect
themselves.**



**Give the Gift
of Safety.**

Ask us about tailored sessions
for your friends and family.

THE POWER OF COLLABORATION

Each collaboration takes an enormous amount of commitment, time, and persistence to tackle new challenges surfacing due to different cultures and backgrounds, Intellectual Property rights, and different approaches. However, the benefits outweigh the hard work manifold. New horizons open. New understanding, further reach, wonderful new tools, know-how and wider recognition are just a few outcomes, in addition to the privilege to work alongside inspiring and dedicated people from all walks of life.

NZ Police Youth Education Services

In 2003/2004 we collaboratively developed the resource called Confident Kids, based on Kidpower curriculum, which was arranged in segments and lesson plans aligned to support the Keeping Ourselves Safe programme lessons. Through this successful partnership, we gained recognition by funders, including Ministries, schools and other providers and organisations.

Te Ohaakii a Hine - National Network Ending Sexual Violence Together (TOAH-NNEST)

Thanks to building good relationships and supporting this network since early 2000, we were able to showcase our expertise and

programmes for young children and people with disabilities.

Funding from the Ministry of Justice for the Healthy Relationships programme development was initially offered through this network in 2008. In 2011, ACC invited us to the advisory group for the ACC Mates & Dates programme.

Nelson Tasman Pasifika Community Trust (NTPCT)

In 2014, Sonny Alesana recognised the potential of the Kidpower whānau programme for the local Pasifika community. This launched the long-term, collaborative Faamalosī Aiga project which is currently involving the Samoan and Tongan communities and will be used as an engagement model for further Island communities. The Kidpower Trust also holds Department of Internal Affairs funding for the NTPCT Community Development Scheme.



Puipuia o Ta'u a le Kidpower

The Kidpower Protection Promise

"Mo soo se tagata mat
tulumata'ia aafiaga i se
e faatalanoaina ai ma
pea ma tupulaga ma
fai loa iai se galuega.
taua tele oe ia te a'i
foi poo le a le tele o
Afai o iai se faafitai
tatau ona ou iloin
tusa pe le fiafia ai
afaina pe le logo l
Afai foi ua e faia
mole ta'u mai, o
gata ai lo'u maki
'oe. Sini (Faana
faa Samoa muz

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kidpower.org

Koe Palomesi Malu'i e Fanau a Kidpower

The Kidpower Protection Promise

'Oku ke mahu'inga 'au
kia te au. Kapau 'oku
ha'o Palopalema, 'O
fie 'ilo ki ai. Tatau ai
'oku ou mo'umo'u
me'a, Pe 'e fakatur
ha taha 'oku mah
te koe mo ua, Ta
pe 'e fakama, T
ko ha'o fehala
pe ka ke tala
Teu fai e me
ke tokoni'i

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kidpower.org

Presented by



Nelson Tasman Pasifika Community Trust

Presented by



Nelson Tasman Pasifika Community Trust

The Kidpower Protection Promise™

"You are very
important to me!

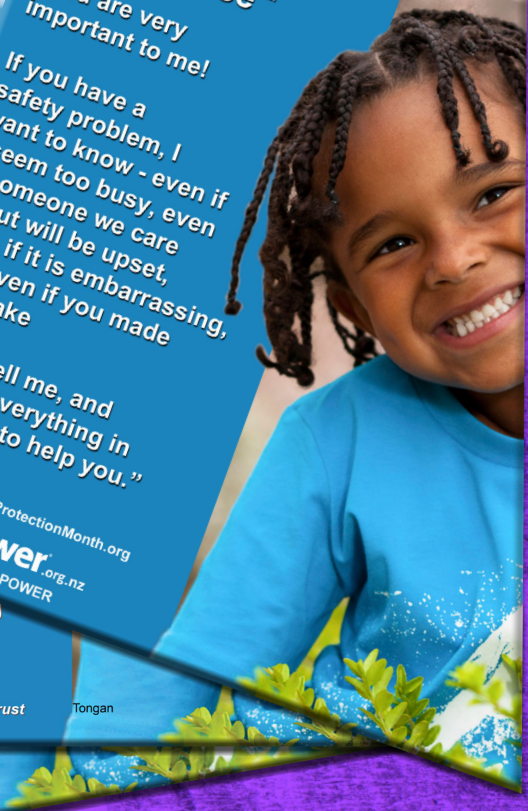
If you have a
safety problem, I
want to know - even if
I seem too busy, even
if someone we care
about will be upset,
even if it is embarrassing,
and even if you made
a mistake

Please tell me, and
I will do everything in
my power to help you."

InternationalChildProtectionMonth.org
kidpower.org.nz
0800 KIDPOWER

Tongan

Samoa



TRIPLE BOTTOM LINE REPORT

The Trust believes that an organisation such as ours is accountable to the community in a number of different ways.

Triple Bottom Line reporting on an organisation's social, economic and environmental contributions and impacts is one way of demonstrating the effects of its operations, positive and negative, and being accountable to the community for these. A brief summary of results under these headings appears below.

Social

The social benefits and impacts of the Trust's operations are by far the most important. For this reason, these are featured throughout the report, and particularly on pages 2 to 6.

Economic

A summary of our audited accounts is shown on page 16-17, and the complete audited accounts are available from the Trust upon request. This year we recorded a Net Surplus of \$44,884. We consider that our overall financial position is sound.

A summary of donations and income received

from grants and contracts appears on page 22. The Trust is a charitable organisation and pays no income tax.

Investment policies: Any surpluses are retained to ensure liquidity and for future use consistent with the Trust's charitable purposes. Such funds are used to repay any debt, and applied to low risk investments.

Environmental

The Trust takes its environmental impacts seriously. Key items are:

Total distance travelled by air in 2016-17 was 28,246 km.

Motor vehicle travel: 5,880 km (estimated). All travel is kept to a minimum, but is considered necessary in order to provide courses throughout NZ, and to ensure the highest possible quality of tuition.

Emissions from travel this year have been calculated at 7.41 tonnes carbon dioxide equivalent (calculated from carboNZero online Travel & Tourism Calculator). Up from 4.58 tonnes for the year previous. We had one instructors travel to the US this year



for training, and with the addition of Mates & Dates we had an increase in number of workshops run, hence travel by private car increased accordingly. We encourage car pooling.

Electricity is included in our head office rental and is not metered separately. No electric heating or air conditioning is used; the office is heated by log fire in winter. Emissions from these sources have not been calculated.

All waste is sorted into compostable paper, aluminium, glass and other, and are composted on site or recycled as appropriate. Kidpower reuses paper where possible.

Sound environmental practices are demonstrated and encouraged in the various courses run.



To Whom it May Concern,

Re: Kidpower

Kaukapakapa School has recently participated in three days of training with Frith Daniels from Kidpower.

Both teachers and students found the Kidpower training invaluable, teaching skills for staying safe which can be used in the classroom, in the playground or at home. The sessions built on the skills taught last year and teachers and students found the instructor engaging, enthusiastic and friendly. The Kidpower posters are great reminders of the powers and we have seen these powers being used all around the school. The powers are easy to understand and a wonderful tool for the children.

We highly recommend Kidpower and look forward to the return of Frith later in the year.

Yours sincerely,

AD Westrupp
Principal

FINANCIAL STATEMENT

Income & Expenditure Statement
1 April 2016 to 31 March 2017

INCOME

Course Fees	\$	4,967
Grants Allocated	\$	115,264
Donations Received	\$	3,934
Contracts Allocated	\$	87,651
Book Sales	\$	626
Pasifika Prog Development	\$	19,400
Mates & Dates	\$	78,499
Interest Received	\$	3,193
Sundry Income	\$	3,304

TOTAL INCOME	\$	316,838
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EXPENDITURE

Course Costs	\$	65,023
Programme Development	\$	104,065
Staff Costs	\$	69,004
Office Running Costs	\$	27,149
Other Support Costs	\$	5,801
Depreciation	\$	912

TOTAL EXPENDITURE	\$	271,954
Net Income (surplus)	\$	44,884

Statement of Assets, Liabilities and Equity
As at 31 March 2017

ASSETS

Fixed Assets	\$	2,491
Current Assets	\$	179,727

TOTAL ASSETS	\$	182,218
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FUNDS AVAILABLE

Opening Balance	\$	8,284
Net Income (deficit)	\$	44,884
FUNDS AVAILABLE	\$	53,168

LIABILITIES

Current Liabilities	\$	20,910
Monies Received in Advance	\$	108,140
TOTAL LIABILITIES	\$	129,050

TOTAL LIABILITIES & EQUITY	\$	182,218
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INTERNATIONAL ACKNOWLEDGEMENT

*A Note from Irene van der Zande
Executive Director and Founder of Kidpower
Teenpower Fullpower International*

First of all, I want to acknowledge the tremendous commitment and talent of your Trust's program and management staff and the great generosity and dedication of your board members, funders, service partners, and volunteers.

Thanks to your excellent services, every year thousands of people of all ages, abilities, cultures, and identities throughout New Zealand are better prepared to take charge of their own safety and well being by knowing how to prevent and solve problems with people – and how to develop safe and strong relationships that enrich their lives.

Thanks to your training and creative educational resources, every year thousands of parents, professionals, and other caring adults are better prepared to protect the safety of their young people – and have greater understanding about how to empower children, teens, and other vulnerable people with the knowledge and skills they need to take charge of their own well being.

Thanks to your exceptional reputation, every year you are bringing Kidpower Teenpower Fullpower greater national and international recognition as being an important resource for reducing the risks of bullying, abuse, harassment, domestic violence, sexual assault, prejudice, and other maltreatment through providing effective and empowering 'People Safety' strategies and skills.

I am honoured to have you as partners in our international organization and in our work! Together, we are furthering our shared vision of creating cultures of safety, respect, confidence, and kindness for everyone, everywhere.

With heartfelt congratulations for another successful year,

Irene



Irene



The partnership between Kidpower and our school is like 'a match made in heaven'. The programme continues to provide students, staff and parents with a common language and strategies around student empowerment through safety.

Principal - West Harbour School, 2017

HOW YOU CAN HELP

Would you like to be part of our exciting plans for 2017/18 and beyond?

We invite you to visit our website, www.kidpower.org.nz to find out more about Kidpower, learn where you can take a class, and download free resources about personal safety that you can share with your family, friends, students, and clients.

If you would like to support Kidpower financially, here are some examples of what your donation can do:

- \$6 covers the cost of one student in a classroom Kidpower session.
- \$15 covers the cost of a Kidpower Comic Book, used by parents and caregivers to teach our skills in the home.
- \$560 covers the cost of Professional Development, Kidpower and Parent/Whānau Education for an entire early childcare centre.

LOOKING FORWARD

This coming year we aim to

- Directly teach at least 3,500 children, teens, and adults.
- In ongoing collaboration extend our Whānau and Pasifika programmes and reach more parents, families and whānau of young children with education around “People Safety”, raising their literacy, and providing ideas and tools to empower them as individuals.
- Continue to develop and implement programmes to integrate Kidpower skills and practices into agencies and schools to help them address bullying, child abuse, domestic, relationship violence, and other violence.

THANK YOU

\$10,000 and above

- Department of Internal Affairs
- Foundation North
- Ministry of Social Development
- New Zealand Lottery Grants Board
- Tertiary Education Commission

\$1,000 - \$4,999

- Blue Sky Trust
- COGs - Nelson
- COGs - Waitakere
- COGs - Rodney/NorthShore
- John Illott Charitable Trust
- Nelson Bays PHO
- Nelson City Council
- Rehabilitation Welfare Trust
- Sir John Logan Campbell Residuary Estate
- St Andrews Trust
- Southern Trust
- Tindall Foundation

\$0 - \$999

- Pub Charity
- Sarau Trust
- Tasman District Council

Workshop space for public classes:

- Motueka Pipe Band Rooms
- Victory Community Centre

Special Thanks

To our 2016/17 Board of Trustees; Annie Simmons, Bruce Gilkison, Simon Jones, Christine Piper and Josef Hodel.

To our wonderful team of instructors who make it possible for us to offer our programmes nationally: Cornelia Baumgartner, Frith Daniels, Maree O'Donnell, Kate Canton, Exekile Robson and Jack Wyllie.

And to our team of Mates & Dates Facilitators that make this programme possible in Tasman and Waitemata regions: Ali Winsloe, Alida Turnbull, Esther Brunning, Jane Brash, Jess Redman, Jacinda Nurse, Jono Selu, Kate Canton, Kathryn Heape, Kathy Garrett, Maree O'Donnell, Merepaea Dunn, Paul Johnson, Paul McConachie, Quinn Fyers, Scott Riethmaier and Sally Wood.

To Cornelia Baumgartner and Martin Hartman for pro bono programme development and for donating office and garden space.

To Dominic Scott, our amazing IT volunteer. For all the work he has done ensuring our systems are functioning, including upgrading all our office computers.

To Frith Daniels and the Mates & Dates facilitators for utilising their own homes to base themselves from in order for us to save on rental costs.

To Simon Hartman for his graphic design work on our website, development of marketing material and programme resources, plus his leadership in the project 'Disabled teaching Mainstream College Students about Healthy Relationships'.

To our office staff without whom we would not be able to serve and reach so many:

Fiona Bryan – National Executive Director,
Cornelia Baumgartner – National Programme Director, Frith Daniels - Auckland Area Manager and Programme Coordinator, Karen Borlase - National Fundraising Administrator, Maree O'Donnell - Instructor Mentor Nelson/Tasman Programme Coordinator.

To Irene van der Zande, the Founder of Kidpower Teenpower Fullpower International, for allowing us to use the wealth of copy righted materials and for the countless hours she and her husband Ed van der Zande donate.

And finally to all our other supporters who volunteered 1,420 hours for the Trust this year.

Our vision is to work together to create cultures of caring, respect, and safety for everyone, everywhere. Our sincere thanks to all supporters who help us achieve this.

Kidpower Teenpower Fullpower Trust NZ

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Upper Moutere, Nelson

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www.kidpower.org.nz

newzealand@kidpower.org.nz